



# Return to Play Protocol for Players/Bench Staff with COVID-19 Symptoms

**\*\*While a player/staff is waiting for COVID-19 test results, they must remain in self-isolation and cannot attend hockey.\*\***

Household members should self-monitor for symptoms and continue to complete the daily self-screen.

## Negative COVID-19 Test Result:

If player/bench staff is symptom free for 24 hours\* and can pass the COVID-19 screening tool, they can return to hockey.

**Documented proof of the negative test result is not required.**

**Note:** If a player/staff has had known close contact with someone who has tested positive for COVID-19 or if they have travelled out of the country, they will need to remain in isolation until 14 days have passed since their last exposure **even if they have a negative test result.**

## Not Tested for COVID-19:

Players/staff must remain home for 14 days from the onset of symptoms AND be symptom free for 24\* hours before returning to school.

**OR**

Has been diagnosed from primary care provider that symptoms are **not** due to COVID 19 **AND** be symptom-free for 24\* hours.

Medical documentation is not required to return to hockey.

## Positive COVID-19 Test Result:

Players/staff who test positive for COVID-19 will remain in isolation **until these 3 conditions have been met:**

- 1) They have isolated for 14 days after the onset of symptoms **AND**
- 2) They no longer have a fever **AND**
- 3) Their symptoms have been improving for at least 72 hours.

Mild symptoms known to persist in young children (e.g. runny nose) may be ongoing at time of return to hockey IF other symptoms have been resolved and their test is negative. **Medical documentation is not required to return to hockey, however if you wish to provide a negative test result, please feel free to share it with the team manager.** \*All household members of the ill child are to self-monitor for 14 days. They can continue to go to school or work or activities, as long as they have not developed symptoms themselves, and as long as the ill child has not been diagnosed with COVID-19.



Tel: 705-721-7520

Toll free: 1-877-721-7520 [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org)