

# north country meat & seafood

EAT WELL,  
FEEL GOOD!

ONTARIO'S PREMIER

FUNDRAISING PROGRAM

Fall/Winter Culinary Guide & Participant Package



# EAT WELL, FEEL GOOD!

We're not another chocolate covered fundraiser.

For over 10 years, we've been helping keep active, hungry families across Ontario fed with high quality meat & seafood that would typically be sold exclusively to restaurants, and in the process assisting essential fundraising efforts for teams, schools and organizations. Supporting your local community can not only feel good, but taste good too! We hope our products not only keep your family fueled, but also inspire your inner chef, grill master, or "foodie" alter ego to some very memorable meals.

All our products are Federally Inspected and put through the most rigorous quality control processes in the business, so that when you open a box of North Country meat & Seafood products, you can rest assured in our quality.

*Filled & Sliced on Avocado Toast!*

.....  
**CANADIAN AA STRIPLOIN STEAK**  
PRODUCT #13792  
12 steaks x 10 oz (285 gr)  
.....



# SIMPLE, COMFORTING & A LITTLE SAUCY!

*\*NEW\**

Rustic Style Certified Angus Beef® Meatballs in authentic marinara sauce. The best ingredients in the best possible way...just like Nonna used to make.

*Classic Spaghetti & Meatballs*



**CERTIFIED ANGUS BEEF®  
MEATBALLS IN MARINARA**

PRODUCT #92822  
5 Packs x 680 gr per case



# THAT'S ENTERTAINMENT!

*Roasted & dressed with*

*\*SEASONAL\**

*lemon and herb butter.*

If roasting a whole Turkey is like snail mail, these boneless White & Dark Turkey Roasts are like instant messaging (or whatever the kids are using these days). Simply season, roast, effortlessly carve & serve. 60-40 ratio breast meat & thigh meat make it the best of both worlds. The future of turkey has arrived.

.....  
**HAYTER'S BONELESS WHITE & DARK  
TURKEY ROAST**

PRODUCT #71132  
2 Roasts x 2kg per case  
.....



\*SEASONAL\*

# DON'T GET COMFORTABLE.

*Pork Pot Roast with garlic & butter mashed potatoes.*

Authentic and simmering with comforting flavour is what slow cookery, and our Pork Pot Roast is all about. Bring on the snow and those comfort cravings.

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**PORK POT ROAST IN GRAVY**

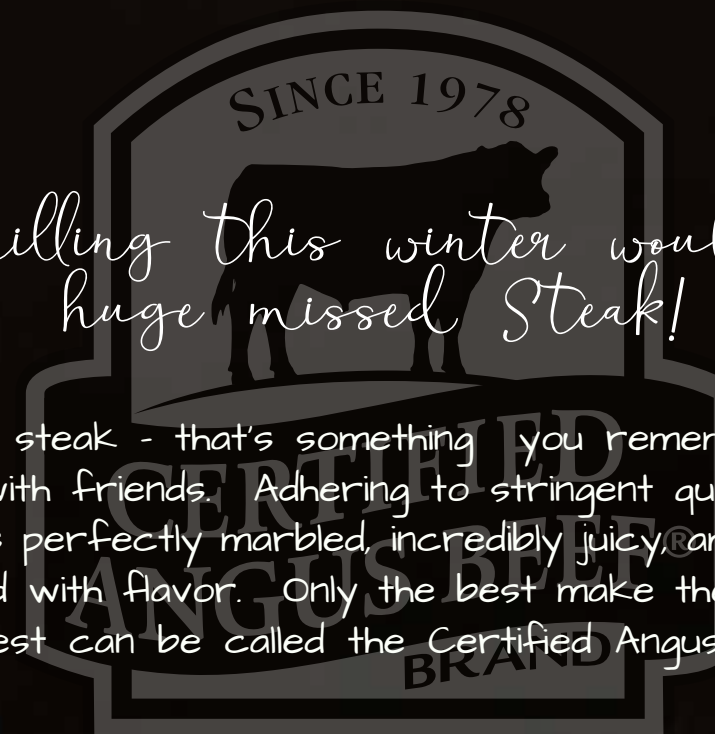
PRODUCT #92022  
5 Roasts x 900 gr per case  
.....



# GRILL'S BEST FRIEND.

*Not grilling this winter would be a  
huge missed Steak!*

A perfect steak - that's something you remember and want to share with friends. Adhering to stringent quality standards, each cut is perfectly marbled, incredibly juicy, amazingly tender and packed with flavor. Only the best make the cut, because only the best can be called the Certified Angus Beef® brand.



The most tender beef cut. Lean yet succulent and elegant and wrapped in bacon!

## BACON WRAPPED TENDERLOIN

PRODUCT #14962  
Box Wt. 4.98 lbs (20 x 4 oz)



This steak is rich, tender and full-flavoured, with generous marbling throughout.

## AA RIBEYE STEAK

PRODUCT #12272  
Box Wt. 6 lbs (8 x 12 oz)



This premium steak is versatile, juicy, lean and delicious.

## CERTIFIED ANGUS BEEF® TOP SIRLOIN STEAK

PRODUCT #14662  
Box Wt. 6 lbs (16 x 6 oz)



This is a steakhouse classic, known for its marbling, tenderness and flavour.

## CERTIFIED ANGUS BEEF® STRIPLOIN STEAK

PRODUCT #14412  
Box Wt. 7.53 lbs (12 x 10 oz)



Paleo Power Cashew  
Chicken Stir-Fry

DON'T WORRY,  
BE HAPPY!

Effortlessly add protein for stress-free delicious meals, every time.

.....  
**FULLY COOKED GRILLED  
CHICKEN STRIPS**

PRODUCT #77152  
Box Wt. 6.61 lbs (4 x 750gr)  
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*A Better Eggs Benny!*

# WAKE UP : BACON!

Studies show brunching with our thick-cut peameal bacon makes you 72% happier. You can't argue with science.

.....  
**THICK CUT PEAMEAL BACON**

PRODUCT #60062  
Box Wt. 6.61 lbs (6 x 500gr)  
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meat & seafood



# ABRA KEBAB-RA!

*Oven Roasted with Tzatziki, roasted lemon & dill.*

Pre-marinated, authentically char-grilled and fully cooked, these can be ready in no time flat out of the oven - as if it were magic! Just add pita and Tzatziki sauce, or some Greek salad & rice, and you are an instant dinner hero.

.....  
**FULLY COOKED MEDITERRANEAN  
CHICKEN SKEWERS**

PRODUCT #77122  
Box Wt. 6 lbs (30 per case)  
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# SUPER BAD.

Guilty pleasure? Eating something you enjoy should never make you feel guilty. It's time to remove food from the scales of judgement. Super burgers like our Steakhouse Burgers should most definitely be enjoyed for all they're worth, in all their delicious glory.

## STEAKHOUSE BURGER

PRODUCT #40002  
Box Wt. 8.99 lbs (24 x 6oz)

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# SUPER GOOD.

Jail Island Salmon is genuine Canadian Atlantic Salmon, raised in it's natural environment, with no added hormones, artificial colours or additives. It's a super source of essential omega 3 and 6 fatty acids. It's also o-fish-ially delicious. (sorry!)

## JAIL ISLAND® ATLANTIC SALMON

PRODUCT #88661  
Box Wt. 6.26 lbs (20 x 5oz)





# STICK TO YOUR RIBS.

We don't care if you're the person who tells the best jokes, or can dance like Tony Manero. The most popular person at a party will always be the one who brought the ribs.

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## **SLOW COOKED PORK BACK RIBS IN BBQ SAUCE**

PRODUCT #92862  
Box Wt. 7.87 lbs (6x21oz full racks)

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*Oven Baked. Slathered in Sauce!*





*In Diana's sauce with toothpicks!*

BET YOU CAN'T  
EAT JUST ONE...

It's a trick! It is scientifically impossible based on the latest research from the Journal of Cocktail Foods & Good Times.

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**ITALIAN STYLE COOKED  
MEATBALLS**

PRODUCT #90072  
Box Wt. 9.92lbs (450x.35 oz)  
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# SHRIMP IRRESISTIBLE!

Just place these shrimp under a broiler for a handful of minutes and you're in epic appetizer or surf n' turf territory. Do the same but first add some breadcrumb, cheese and melted butter and we're talking mic drop!

*Broiled with Breadcrumb, Cheese & Butter.*

.....  
**BUTTERFLY GARLIC SHRIMP**

PRODUCT #81272  
Box Wt. 2lbs (approx. 36 pcs)  
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Ultimate Game Night platter.

ALL STARS.

.....  
**FULLY COOKED GRILLED  
CHICKEN WINGS**

PRODUCT #77142  
Box Wt. 6 lbs (2 x 3 lb)  
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Your next game night spread shouldn't be a game of chance. There will always be wins and losses, and highs and lows with your favourite team, but get used to winning with our Grilled Chicken Wings and legendary Chicken Fingers.

.....  
**BREADED CHICKEN FINGERS**

PRODUCT #71025  
2 x 2 kg case  
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# FLAKE OUT TONIGHT.

*Classic Fish & Chips with Tarragon sauce.*

Lean, moist, flaky and delicious. Breaded sustainably caught Wild Pacific Cod Fillets. Congratulations, you just became a fish lover.

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**BREADED WILD PACIFIC COD FILLET**

PRODUCT #89982  
Box Wt. 8.82 lbs (50-60 pcs)  
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# BEST OF THE WURST.

In a pasta, or paella. With polenta, or on pizza. With peppers or peas, parsley or parmesan, potatoes or prawns, our Debrezini Sausages are a year round crowd pppleaser!

*Sliced in pasta with peppers, parmesan & chives.*

.....  
**FULLY COOKED  
DEBREZINI SAUSAGE**

PRODUCT #95812  
Box Wt. 8.75lbs (28x5oz portions)  
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# CAST NO DOUBT.

*Pan Roasted with  
garlic, butter & thyme.*

Pork Chops are easy, versatile and delicious. They can be grilled, dressed in spicy-sweet sauces or thrown into a cast iron pan for an impressively fast meal. There are plenty of options. Find your new dinner inspiration.

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**¾" CENTER-CUT PORK CHOPS**

PRODUCT #61992  
4.5 kg case  
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# SOME THINGS ARE BETTER SLOW...



*Pot Roast Sheppard's Pie!*

This is our approach to cooking our slow braised Certified Angus Beef® Pot Roast. Slow cooked for hours on end, enjoyed fast!

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**SLOW COOKED BEEF POT ROAST**

PRODUCT #92042  
Box Wt. 9.92lbs (5 roasts x 900gr)  
.....



# WINNER, WINNER...

Chicken Dinner! With just one ingredient - chicken breast - you can let your inner culinary adventurer journey to parts unknown. Untold recipes await! Or, just stick with what works and throw it on a Caesar Salad.

*Pan Roasted Chicken Breast Caesar Salad!*

.....  
"JUST CHICKEN"  
BONELESS SKINLESS CHICKEN  
BREAST

PRODUCT #77162  
Box Wt. 4kg (5-7oz portions)  
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*Penang Curry Chicken Thigh on Basmati Rice.*

COME TO THE  
DARK SIDE!

Light meat or dark meat? The Beatles or The Rolling Stones? Well we think anyone who prefers white meat has obviously never had dark meat before. We did just say that!

.....  
"JUST CHICKEN"  
BONELESS SKINLESS CHICKEN THIGH

PRODUCT #77132  
Box Wt. 4kg  
.....



# REFER A FRIEND . . .

## *New Referral Incentives!*

Do you know someone who could use a reliable and successful fundraising program? From hockey to soccer, dance to swimming, youth bands and clubs, to school classes and everything in between. We'd be thrilled if you shared our program with them and to show our gratitude, we're offering great incentives. To learn more visit our website:

[www.northcountrymeatandseafood.com](http://www.northcountrymeatandseafood.com)

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